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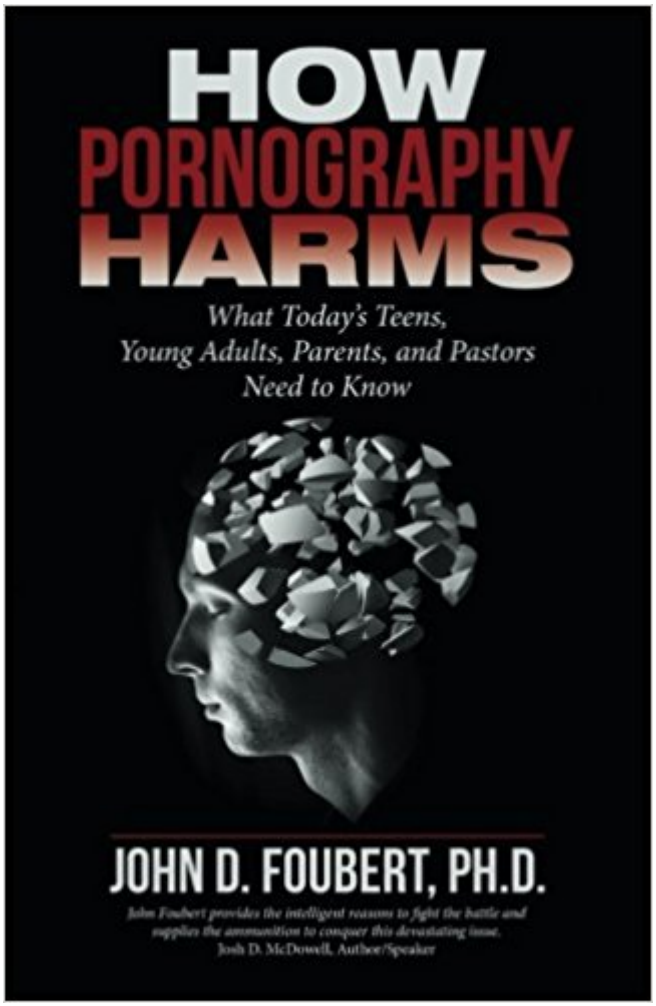
How Pornography Harms



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Synopsis

Pornography is menacing people, relationships, and society, and this book has the research and stories to prove it. John D. Foubert, Ph.D., an interdisciplinary scholar who has studied sexual violence since 1993, shares the life stories of more than twenty people directly affected by pornography. He also interviews scholars and explains how pornography affects our brains. Ã Â In examining the many ways pornography is devouring the God-given sexual health of the Internet generation, he highlights its connection to sexual violence and how it ruins lives. Ã Â He also focuses on who makes pornography and their motives, recent trends in pornography, and how pornography is changing the way people have sex. Ã Â Perhaps most importantly, he explains what we can do to confront pornography in our own lives, the lives of our loved ones, and in society. Whether you are a teen, young adult, a parent, pastor, scholar, or you are just curious about what pornography does to people, your conscience will be shocked and your points of view deeply challenged by what Foubert has uncovered about the reality of today's pornography.

Book Information

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Customer Reviews

"How Pornography Harms fills a big need in our fight against pornography. Ã Â There are a great many books that tell us why the Christian community should be against pornography, but John Foubert provides the intelligent reasons to fight the battle and supplies the ammunition to conquer this devastating issue." Ã Â Ã Â Josh D. McDowell, Author/Speaker This book is about an unsettling truth, one that requires immediate attention from all advocates of social justice, regardless

of their particular faith. Ã Â John Foubert's analysis is an important tool for those seeking to get involved in the ongoing struggle to curb one of the world's most compelling social problems. Ã Â He should be commended for "telling us like it is" and for his never ending dedication to eliminating pornographic materials from our lives.Walter S. DeKeseredy, Ph.D.Anna Dean Carlson Chair of Social SciencesDirector of the Research Center on Violence, West Virginia UniversityIt is time for all of us to be educated about the harmful effects of pornography and take a stand to protect children and those who are unaware. Ã Â Dr. Foubert is a world-leader and academic in this area. Ã Â This book is an important reference that all need to read.Andrew Doan, MD, Ph.D.Commander, U.S. NavyHead, Dept. of Mental Health Addictions and Resilience ResearchNaval Medical Center San DiegoDr. John Foubert has accurately described the harm and toxicity pornography wreaks upon individuals and couples, and presents the perspective not only of scholars, but also of those directly affected. Ã Â This book not only provides a warning, but also offers solutions we would do well to follow in addressing what has become the major public health crisis of our time.Donald Hilton, MDNeurosurgeon and Chief, Department of Surgery, Stone Oak Methodist HospitalAuthor, Pornography Addiction: A Neuroscience PerspectivePornography is a pandemic plague wreaking untold havoc. Ã Â This well-written, well-researched book is a powerful prescription. Ã Â Dr. Foubert hits the issue from all sides, including the biblical, spiritual dimension and gives hope and practical help for avoiding and overcoming this spiritual cancer. Ã Â Every person, especially every Christian, needs to be armed with the truth in this book. Ã Â Read it, apply it, and pass it on to others.Dr. Mark HitchcockAssociate Professor of Biblical Exposition, Dallas Theological SeminarySenior Pastor, Faith Bible Church in Edmond OK

For more information about this book, and other research by John Foubert, please visit johnfoubert.com

I haven’t finished the book yet, but certainly not because of any lack in the research or writing. It’s simply that the book is so thorough in describing the abusive nature of the pornography industry and the devastating effects of pornography on our families and loved ones, that I can only get through a little bit at a time. As much as I want to turn away from the truth, this book is so critical in helping us understand the urgent and immediate need to change public opinion and policy regarding pornography - and to help our kids remain unharmed by our pornography-saturated culture.

Dr. Foubert tackles the subject matter head-on in this book. He is very upfront and forthcoming

about the ramifications of using this addictive product. He deals with how it is currently impacting our society and how it will shape our future. It is a must read for any man and even more importantly, any parents. The war on our children has been a slow, silent battle up to this point. Take the time to really read and comprehend the consequences of what this book so eloquently breaks down for us. It si also important to note that this not some religiously biased perspective that only focuses on Biblical perspective. It is backed with lots of real world experience and scientific data from Christian and non-Christian sources.

John is a gifted writer and the content is nothing short of thorough and necessary for todays struggles with the epidemic of pornography. As a licensed marital and family therapist this is a tremendous resource.

Everyone needs to read this book. It is eye opening and terrifying. The harm done by pornography goes way beyond anything I could have ever imagined. Most academically written books lose me in their citations and technical bs. This book cuts through the crap and gets to the real effects of pornography. It should be required reading in every church and school in the modern world.

Incredible book! Dr. Foubert is a scholar and is absolutely brilliant in his writing of this ever important issue.

Absolutely wonderful!!! If I could have given it 10 stars, I would have. The footnotes and references alone were worth the price. Dr. Foubert is a Christian but he does not preach, he doesn’t quote scripture, nor he try to ’convert’ the reader. This book is based on scientific, factual research, evidence based interviews, which he presents in an logical and easy to read format. He does warn the reader that some parts/chapters are ’hard to take’ and may be ’triggering’. He’s right there. One might need to put the book down and think about what he said, or put it down to recover emotionally from what he explains. But again, nothing but the facts. The facts of how pornography has literally taken over the thoughts, behaviors, and actions of a whole generation. If you’re interested in knowing how pornography harms, then How Pornography Harms is a must read.

Dr. Foubert shows the unflattering side of the effects of pornography. The one statistic that scared me was the causation (nor correlation) link between those that subconsciously need visual stimulation through pornography to facilitate an erection. That means if I habitually use porn, I could

be at a high risk of ericetile disfunction!! If i were the porn industry, I'd be working very hard to bury that statistic!Aside from the blantant and obvious harms pornography does to a marraige, brain patterns, and society at large, Dr. Foubert addresses an issue that illicits a tactile response from the reader. This book details how those viewed on our screens (mobile and otherwise) slipped, ever so gracefully, into a lifestyle they now know as harmful and unsafe. This book opens the eyes of the reader so that he/she can no longer dismiss those performing for an audience as anything less than someone's daughter or son. It brings a human element back into an industry designed to remove that exact element that sets us apart.I plan to read this book with my son and call out into the open the things as they are today. It's not a pretty situation and I want to be the one who helps him navigate his way through it. Very well done.

This is a subject matter that will literally affect all of us at some point in our lives, either directly or indirectly. John takes a very unique approach in his stance against the use of pornography. He doesn't just rest on moral arguments. He doesn't just rely on spiritual platitudes. He digs down into first-hand experience and copious amounts of brain science to prove beyond a reasonable doubt that pornography use is incredibly harmful to the user. Best book I've read on the subject. Must read for anyone with young children, anyone who has struggled with porn, and anyone who wants to curb its influence on modern society.

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